

**“WHILE OUT OF MY BODY,
I SAW GOD, HEAVEN
& THE LIVING DEAD!”**

Dr. Rogelio Mills

“While Out of My Body I Saw God Heaven and the Living Dead”
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ABOUT THE AUTHOR

Much like the biblical prophet Samuel, Dr. Mills audibly heard the voice of God calling him into the ministry at age 14. At such a tender age, he immediately gave his life and destiny to Christ, and to the spreading of the gospel message. In immediate pursuit of his calling, he enrolled in bible school, and at age 15, he was ordained into the ministry. At age 16 he received his ministry license as an assistant pastor at a church in his home-state of North Carolina. At just the age of 18, he began serving as a senior pastor for the first time at a church, also in his home state.

Simultaneously, he continued his ministry-education at Heritage USA, better known as P.T.L. (Praise The Lord), founded by Jim and Tammy Faye Bakker who also cofounded CBN/The 700 Club and TBN, and founded the Inspirational Network. There, his education included hands on training in pastoral counseling as a telephone prayer counselor, praying for and counseling people worldwide. It was there that he also learned the ins and outs of television broadcasting. During this time in his life, the Bakkers parented him spiritually. In fact, the late Tammy Faye Bakker-Messner affectionately called him her “kid” right up until her death in 2007.

In 1988, the Spirit of the Lord spoke to Dr. Mills and told him to come to Detroit, Michigan to begin a new work for God’s glory. Obeying God’s direction for his life, Mills

left his home state of North Carolina and moved to Detroit. While there, in June of 1991, God's Spirit instructed him to go on television and inspire the troubled and hurting inner city youth of Detroit.

Mills knew that God would supply the means to carry out his calling. All he needed to do was to be obedient to God. Then, with just a video camera and faith in God, Dr. Mills created an inspirational television program that he hosts today, known world-wide as "The Roger Mills Show." The program made such an impact that later, Dr. Mills would receive an honorary doctorate of divinity for his inspirational work in television.

Dr. Mills is an outspoken child-welfare advocate. In 1990, he established "The Roger Mills Show Missing Children Project," an organization to educate Michigan about child safety/prevention techniques, which received honorary proclamations from four presiding mayors of Detroit.

Dr. Mills is an accomplished multimedia personality and pastor. In addition to being the host of the internationally known "Roger Mills Show," he is the president and founder of a 24-hour online television network, named "The Godly Network," which is the World's first multi-channel internet television network, airing 24 hours a day, 7 days a week, in every nation around the globe! He is also the founder and president of one of Michigan's most prominent interracial churches.

Dr. Mills has earned several seminary degrees (Master of Divinity, Master of Christian Education, and Doctor of Christian Education). He has earned a Master of Communication degree, with a double concentration in education and writing, from Spring Arbor University in Michigan.

FOREWORD

To many, Dr. Rogelio Mills (Roger) is a TV personality, pastor, and author, but God placed him in my life many years ago as a friend. As I was selling books door to door, I was surprised when the door of a modest home opened, and I was greeted by a person whose face was most friendly. He said, “I was expecting you!” Rogelio (Roger) invited me in, told me of God’s love, and led me to Christ. I was fascinated by the dialog that Roger had with God. I had many questions for which Rogelio (Roger) provided ready answers, invariably quoting scripture and teaching in a kindly way.

It was as Rogelio (Roger) taught me the fundamentals of the faith that we became friends. We were an odd pair, a “college boy” and a teenager who was living with his aunt in a rough side of town. But Rogelio’s (Roger’s) love, then as now, conquered all obstacles. At the time I was renting a room from an elderly woman who was concerned about my new friend, but once she talked to Rogelio (Roger) she absolutely fell in love with him. He took a sincere interest in her, listened to all her problems, and showed God’s love, which always shone right through him. She couldn’t wait for him to call!

Rogelio’ (Roger’s) book, “While Out of My Body, I saw God, Hell and the Living Dead” was a very difficult and challenging reading experience. Jesus loved us so much

that he was willing to die for us, but he is still a severe judge against sin when the provision of his salvation is refused!

The images were so revolting that quite frankly if I hadn't known Rogelio (Roger), I would not have believed them! But I do know Rogelio (Roger), and it is impossible for me to believe he would make up such a story. Having talked with him personally, he describes revulsion and extreme personal difficulties with his Hell experience that add even more credibility in my mind to his story.

Rogelio (Roger) has also explained it this way—if we knew how much God was giving us, and how much he had done for us and with so many glories to be revealed, we would see better how costly it is to reject God. Now for the sequel. “While Out of My Body, I saw God, Heaven and the Living Dead” gives us a foretaste of that wonderful place called Heaven. Just as in his book about Hell, his experience in Heaven is strongly supported by scripture. But unlike the Hell book, this one is fun to read!

As a physician, many patients, including a lovely elderly woman who visited my clinic the day of me writing this foreword, have confirmed experiences in heaven prior to recovery from severe accidents or injuries. Their experiences, like Rogelio's (Roger's), are clearer than life, not vague “dreams” or hallucinatory states. It is my hope and prayer that Rogelio's (Roger's) book about Heaven will inspire many to entrust their lives to Jesus, so they can go to Heaven and not Hell. All we have to do is ask, repent and believe! May God bless all who read this book and all who are earnestly seeking Him.

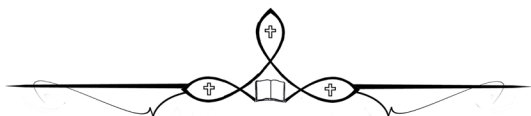
Dr. Hughes Helm, MD

DEDICATION

In memory of my beloved Mother,

~ Mary Mills ~

...who is presently alive, well, and highly conscious,
with the Lord God Jesus, in the Third Heaven!



**This book is dedicated to all of the souls whom
the Lord God Jesus revealed to me while I was in Hell and
in the Third Heaven.**

**This book is dedicated to
the Lord God Jesus Christ, in appreciation for Him
revealing to me, and giving me eternal access to
“the prepared place” (the Third Heaven!¹)**

**¹ See St. John 14:2 for a scripture reference about the Third Heaven being
the place that the Lord God Jesus has prepared for His Church.**

ACKNOWLEDGEMENTS

First of all, I would like to give thanks to the Lord God Jesus. It was He who granted me His wisdom and revelation knowledge about the marvels of the Third Heaven that I might share it first with His Church, and then secondly with the World.

I am also very thankful for my publishers who have profusely labored with me to carry out this divine appointment, which was to have the book put in print and published to the nations.

Last, but not least, I am very thankful for the love and patience which my church family and staff have shown me while I have labored to fulfill this Divine assignment!

PREFACE

The purposes for this book vary. Howbeit, throughout this entire book, the prevailing modus-operandi is of key significance. The method is to challenge the reader to study the included scripture references, which confirm and parallel my D.O.B.E. (*Death Outer Body Encounter*) with God and the Living Dead within the Third Heaven.

The main reason I have written this book is because the Lord God Jesus commissioned me to do so. For this cause, prayerfully, this book will help validate the biblical stand on the existence of the Third Heaven. Within the chronology of the historical biblical record it is reported that several saintly patriarchs have had some type of personal encounter with Heaven.² I too have seen and heard Heaven's marvels, and Almighty God has commissioned me to report these humbling encounters. After experiencing these encounters, I am convinced that humility should be the position of anyone who claims to have seen the splendors of Heaven.

Additionally, it is tremendously imperative for me to point out that the heavenly-visuals I delve into in this book should call the Divine objective to each reader's full attention. This objective is to motivate and inspire all humankind to come back into relationship with the One

2 Apostle Paul (2 Corinthians 12:1-6), Isaiah (Isaiah 6), Stephen the Martyr (Acts 7:55-56), Apostle John (Revelation 4), Ezekiel (Ezekiel 1), Elijah (2 Kings 2:11), Enoch (Genesis 5:24, Hebrews 11:5)

true Almighty loving God and Savior—Yeshua (Jesus of Nazareth).

Dr. Rogelio Mills

PLEASE NOTE:

I sincerely wish to express to you—the reader—that this book does not contain the complete account of my *Death and Outer Body Encounter* that I had in the year of A.D. 1998. When I state that it was an out of body encounter that I had, I am attempting to make one thing perfectly clear. These experiences are not fabrications, nor exaggerations, and neither were they the result of a trance, hallucinations, nor any other altered mental state. At the time that this occurred, I was literally dead, and by stating that I was dead, I mean it in the biblical sense that my immortal human spirit had vacated my terrestrial body.

“...*the body without the spirit is dead...*”

– St. James 2:26 KJV (King James Version)

One of the most fascinating discoveries I made while being out of my physical body was this fact: that the conscious mind is notably superior to that of the physical brain! My thought process and reasoning were instantaneous—highly superior and much faster than the highest speed of internet. My conscious mind, with all of its properties of intellect—to reason, comprehend and remember—survived in this highly complex environment (the Third Heaven).

As a disembodied being, my level of awareness was extraordinarily heightened. Therefore, I cannot say that I felt dead in the least. In all truth, I had never felt so very much alive, and yet I was considered dead according to medical/biological measures. You see, at the time this

Preface

death outer body encounter first happened, I was a fully sentient disembodied spirit, and I was standing beside my physical body. Knowing my current state, I gazed at my physical body to see if there were any signs of life, and I recall seeing that there were no respirations—so far as I could see, my body was not breathing.

While Out of My Body, my human spirit and soul encountered the terrible place, which in biblical terminology is called the Outer Darkness of Hell. Shortly afterwards, I experienced indescribable joy and peace inside the glorious Third Heaven! I have learned firsthand that both of these places—Hell and Heaven—are very real, and that life really does go on after we as human-beings physically die. In fact, I have come to believe that perhaps we are in error for calling it life after death. A more appropriate term may be life after life! I say this because I know from experience that death in the sense of the end to human consciousness is a myth!

In this particular book I will tell, in vivid detail, about the breathtaking things I saw while I was in the Third Heaven. I have always been highly observant when it came to even the smallest details of my surroundings, and this has continued to be the case with me throughout my life. In fact, this is even truer of me today than it has ever been. I am always able to be very detailed when recalling facts about events that transpire in my life, and I am blessed with an excellent memory to do so.

Notwithstanding, I have chosen to expunge many potentially offensive details from this book, regarding some of the living dead, whom I met and spoke with while being in the Third Heaven. Had I revealed these specific details about these persons in this book, it might have brought pain and shame upon their surviving family members and other loved ones on the earth.

My parents said that I was always garrulous. In fact they said that even before I could walk, I was always trying to articulate words. However, during the dialog that I had with the Lord God Jesus, I was not that talkative and neither was He. In fact, His vocabulary was simplistic, clearly expressed, short and to the point. His choice of words during conversation with me was not sophisticated nor were they spoken on a scholarly fashion. That is why I have written our dialog the way it appears within this book. Next, I would like to convey that I have set a higher goal for this book than I set for my first book.³ The higher goal I speak of is that this book would reach the nations, as well as every person who is incarcerated in jail or prison all over the world for the purpose that men and women everywhere might repent. It has never been my desire to write books with the purpose of making sales profits in mind. In fact, the publishing company and I share the same motive for selling this book, which is to win souls for the Lord. Nevertheless, successfully publishing books and reaching the lost are not without their costs. Therefore, any finances generated by selling this book will go toward ministry and production expenditures. Specifically, these expenses include the overhead generated by publishing, printing and distribution of this book. In addition, finances generated from sales of this book help to pay for the cost of translating this book into other languages so that it can reach people all around the World. Finally, sales revenues will help pay travel expenses that may be required for public speaking engagements regarding this book around the World. The bottom line is that the sole purpose for this book is to reach the lost at all costs, and not for financial gain.

³ *“While Out of My Body, I saw God, HELL and the Living Dead”*

“I have raised him up in righteousness, and I will direct all his ways: he shall build my city, and he shall let go my captives, not for price nor reward, saith the LORD of hosts.” – Isaiah 45:13 KJV

THE AUTHORITY OF SCRIPTURE

Within the Christian community I have encountered those who make it their business to scrutinize and critique every report made by persons who claim to have seen visuals of Heaven. Often such persons are quick to scoff in disbelief about these experiences using fallacious criteria. They assert that every event within these visuals must be directly confirmable by biblical scripture for the accounts to be deemed true and from God. While it is completely within reason to criticize an account that contradicts God’s inspired word, it is most unintelligible for one to think that everything we will see when we die has already been revealed and described in full within the Bible.

On the contrary, there are scriptures within both the Old and New Testament that give indication that not every aspect about God, Heaven and Hell are revealed within the scriptures. Case in point, the Prophet Moses stated that in his time not all the things about God had been revealed.

“The secret things belong unto the LORD our God: but those things which are revealed belong unto us and to our children for ever, that we may do all the words of this law.” – Deuteronomy 29:29 KJV

Then centuries after the death of Moses, the Apostle Paul—the man who penned the majority of the New Testament—stated within the biblical record that while

he was on the Earth he would only have access to partial knowledge of God and Heaven. By implication Paul was stating that we will not know everything about Heaven, nor will we know all of God's works, until we are caught up into His everlasting presence.

“For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.”

– 1 Corinthians 13:12 KJV

As they presently appear, darkened or viewed through clouded glass, some spiritual things or experiences cannot be fully understood, nor can they be viewed with clarity. There are some things in Heaven and in Hell that we cannot possibly know unless we have seen or experienced them for ourselves, and this can only happen as the Spirit of God would reveal them to us. Therefore, to say that the Bible gives us complete knowledge of all of God's activity in this world and in the next actually is a contradiction of scripture. Moreover, the New Testament scriptures state that there are invisible things created by God in the spirit-realm that are impossible for us to see with our physical eyes or hear with our physical ears. These very real things are invisible to our natural senses. How then can we have complete knowledge about these invisible things even if we read all of the limited information that has been written about them?

“For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him:”

– Colossians 1:16 KJV

Only God is able to reveal these deep things (hidden from surface level perception) to those who love Him by His Spirit.

“For since the beginning of the world men have not heard, nor perceived by the ear, neither hath the eye seen, O God, beside thee, what He hath prepared for Him that waiteth for him.” – Isaiah 64:4 KJV

“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him. But God hath revealed them unto us by his Spirit: for the Spirit searcheth all things, yea, the deep things of God.” – 1 Corinthians 2:9-10 KJV

Clearly from the text we can see that there are things that God reveals to those of us who love Him. Yet, others who do not love Him will never have these things revealed to them in this life, nor in the next. We cannot know these things unless they have been personally revealed by God. Therefore, according to the scripture itself, it is impossible for any of us as human beings to know all of God’s doings, especially by limiting them to what is written within scripture! In fact, if an account was written by someone who supposedly had died and seen Heaven, and that account perfectly mirrored scripture with no added depth or detail, it would seem highly likely that they had simply plagiarized the Bible, having seen little or nothing. Still, without question, if a person has an out of body experience that explicitly contradicts what is written in the Bible it is clear that any claims to the authenticity of their account

should be disregarded.

Finally I would argue that the scriptures we have today were never given to us to answer every question we have about God. The scriptures do tell us enough to know that He exists, that Heaven and Hell are real, and that we are in need of salvation through the Lord God Jesus. If a book were to be written telling us every facet about God, not one of us would ever be able to read it in our lifetimes. Even one of the gospel writers, the Apostle John, stated he had witnessed the Lord God Jesus perform so many miracles that the world itself could not contain all the books that would be necessary to record every miracle that he performed.

“And there are also many other things which Jesus did, the which, if they should be written every one, I suppose that even the world itself could not contain the books that should be written. Amen.”

– St. John 21:25 KJV

Now try to imagine how many books it would take to contain all the works of God that John hadn't seen! Just as the Bible, as the written literal text, is not broad enough to contain every facet of the Lord God Jesus' earthly life, it is not broad enough to tell us everything about the afterlife. We should bear this in mind when judging spiritual-experiences/visuals that do not contradict the biblical text, even if they are not described in full within it.

INTRODUCTION

Atheists argue that the Universe came about by random chance, and that sophisticated life developed by non-superior/non-intelligent influences. In recent times, many secular-humanists in the fields of astrophysics and cosmology have attempted to eliminate God and a creation event out of the equation via simple reliance on the basic layers of physics, including quantum-mechanics, relativity and particle physics. Nevertheless, both thermodynamics and the well-accepted standard Big-Bang model describe a universe that is not eternal, but rather came into existence a finite time ago. During the twentieth century, a series of failed attempts to create an alternative acceptable model were made utilizing methods to avert an absolute beginning, and thus a need for a creator. The newest supposed God-debunking theory to receive attention—M-theory (membrane theory), a form of multiverse, attempts to demonstrate how our complex universe could have spontaneously generated based on laws of nature. It is argued that if an infinite number of universes exist, it is no miracle that our own finely tuned universe exists. Lets suggest for a moment that M-theory could be true. It still does not answer who or what designed the laws of nature and the multiverse. Yet, despite the publicity that has been generated for M-theory, attempts to scientifically support it have been mostly inconclusive. It's

proponents have not demonstrated any observable relation between M-theory and gravity, electricity, photons, or any other known aspect of the actual universe. Although the undesigned position of cosmic and life origins is commonly taken by the atheistic pool, it is not the most deducible approach. Such unguided development is akin to automatic evolution. Yet, logic dictates that everything that comes into existence must have a cause, and since an infinite regress of natural causes is illogical, there must be an eternal, transcendent, first cause. Therefore, per contra, many scientists reject atheist explanations for the Universe's existence. Some believe that scientific data demonstrates the Universe was created by a rational mind—God. Intelligent Design (ID) proponents, in particular, assert that natural agents alone cannot account for cosmological and life sophistication. They maintain that certain complex features of the universe and of living things are best explained by an intelligent cause. Many scientists, called creationists, argue that science does not contradict a literal interpretation of scripture's account of creation, but rather supports one. Adversely, atheists and agnostics alike are incredulous at the authenticity of the biblical record, which conveys the reality of Heaven. Though never an atheist, nor an agnostic, the prominent American inventor, scientist, and founding forefather, Benjamin Franklin, influenced by the enlightenment thought of his day, was a nonbeliever of the biblical record. According to public records, at a certain time in his life he identified himself as a Deist. This being the case, it should come as no surprise to learn that during his lifetime, he emphasized what appears to have been a highly skeptical position toward Biblical truth-claims.

“I have found Christian dogma unintelligible. Early in life, I absented myself from Christian assemblies.”

The following quotation is also commonly attributed to Mr. Franklin: “*Lighthouses are more helpful than churches.*” Yet, with all of the wonderful benefits that lighthouses may provide in this world, not a single lighthouse is presently helpful to Mr. Franklin.

THE FOUR GREAT QUESTIONS

While he was yet alive, Mr. Franklin’s condescending rhetoric deemed the Holy Bible to be insufficient for navigating human life. Thus he ignored the true answers to the four great questions about life. Much of history’s philosophical rhetoric has stemmed from individuals making personal inquiries into these four great questions, which are as follows:

- **Who am I?**
- **Where did I come from?**
- **Why am I here?** (or what is my purpose)
- **Where am I going when I die?”**
(or what is my destiny)

These questions are not exclusive to theologians, scientists and philosophers. At some point in each of our lives, as rational human beings, we ask these questions. Each of these them has been very much intrinsic to human life for as long as history has been recorded. In fact, they are about as old as the correlated debate that’s been waged about the origins of life. It has been a quandary argued by the ancient Grecian Stoic and Epicurean philosophers, and their predecessors—the ancient Greek philosophers Socrates, Plato and Aristotle. In fact, the book of Acts records a theological debate, which took place on Mars Hill in ancient Athens Greece, between the Apostle Paul, the Stoics and the Epicureans. This debate highlighted the

Apostle Paul's position of a personal omnipresent God who is the origin of life. The Stoics, however, took the deist position of an impersonal god who was not only the origin of life, but also a part of the cosmos. The Epicureans were deists of a sort as well, believing in a pantheon of materialistic gods that either did not choose to interfere in human affairs or were unable to. Paul, utilizing their own poetry, images and language, introduced them all to the One true living and personal God, who as the eternal transcendent Spirit, is not a part of the physical Universe, but rather, created it and all life, and who is very much interested in human affairs.⁴ Although God's love is present throughout the universe, the universe does not contain God. Instead, God contains the universe and transcends it.

THE “ETERNAL” QUESTION

All of these philosophical questions bring to consideration the great debate concerning the relationship between the mind and body. The debate I speak of centers on another great question, which is, “Does the conscious human-mind survive death—continuing to function outside of the physical brain and body?” The answer one might ascertain to this all-important question would likely depend largely on whom they asked. For example, in quantum physics and philosophy, a theory of *dualism* emerges, relating to human mental capacity. This theory asserts that mind and brain are ontologically distinct, meaning the physical brain is of a different property than that of the conscious mind. This theory offers the highly sophisticated argument that the conscious mind can indeed survive physical death. Dualism can be traced back to the ancient Greeks. Yet, in terms of modern

⁴ For more on the Apostle Paul's encounter with the Stoics and the Epicureans, see Acts 17:18-28.

scientific thought, the dualist position dates back to René Descartes, a seventeenth-century philosopher, famous for the statement, “I think, therefore I am.” Descartes argued that there was a mental realm, which was distinct from the physical realm (including the brain). According to him, all physical components of humans, including the brain, were simply a part of a machine that interacted with a metaphysical mind. However, Descartes did not succeed in ending the mind-matter debate. Today there are a number of competing theories among scientists and philosophers concerning the nature of the mind. *Monism* is the umbrella term for opposing views to *dualism*. Monism asserts that mental processes of consciousness, such as Out-of-Body Experiences are the result of natural brain phenomena. Despite the fact that science still knows relatively little about the nature of mental processes, monist-materialistic theories remain favored by atheists and naturalists because it is the only alternative to dualism, and dualism would indicate human self-awareness is of a supernatural origin.

Quantum physics, nevertheless, does suggest that *Out of Body Experiences* are possible for the reason that the mind is still “diagnosed” as a medical mystery, and knowledge about the human brain is still in its infant stage of discovery. Therefore, medical science could very well be on the verge of proving that the conscious mind is highly functional apart from the physical brain during cardiac arrest (clinical death). The hypothesis being that the mind is in fact non-local to the brain. Within the infant stage of the field of neuroscience research, several observations have been hypothesized as evidence that might help solve the mind-brain debate. The most controversial proposition of these is Dr. Michael A. Persinger’s “God Helmet,” which offers an advanced technological analysis. Dr. Persinger demonstrates an intriguing experiment, which utilizes

this electronic device that for the most part is a modified motorcycle helmet. When the object is placed on the subject's head, it produces electromagnetic stimulation of the right temporal lobe of the brain. In doing so, this sophisticated model supposedly produces God-affect experiences (such as feelings of spiritual tranquility, out of body experiences, and other visual hallucinations). Recent speculation has been that the temple lobes may be the part of the brain stimulated during religious experiences, but that has little bearing upon the authenticity of those experiences. Therefore, Dr. Persinger's evaluation, by no stretch of the imagination even remotely demonstrates that the right temporal lobe is God or Heaven. Yet, it is possible that Persinger's research will help us to solve a well preserved mystery about right-brain functioning, demonstrating how it interacts in direct communication with God. In essence, his neuroscience experiment seems to suggest that the right temple lobe is a spiritual switch or a portal to God. It is apparent that God has creatively implanted in the brain of mankind this magnificent component for spiritual interaction/communication with Him when Divinely activated. Additionally, in terms of function, the temporal lobes play a key role in the recognition of speech, sound and visual stimuli, as well as memory recall. Although this capacity of the brain does not produce the origin of God, when electronically stimulated this experiment may possibly cause the brain to go into regression, calling forward past suppressed experiences one had with God.

A natural phenomenon that is believed to produce so-called N.D.E.s and O.B.E.s is Dimethyltryptamine (DMT), a naturally occurring psychedelic compound often found in mammals, including human brains. It has been hypothesized that DMT exists in the human brain itself, and

that when released in large amounts from the pineal-gland during the rheumaty stages of death that it may produce psychedelic or hallucinogenic trips similar to those of Near Death Experiences or Outer Body Experiences.

Another certain medical research study is seeking to offer a supposedly more logical explanation to out of body experiences.⁵ A technological component of this aggressive, yet sophisticated approach is the INVOS (In-Vivo Optical Spectroscopy Cerebral Oximeter). INVOS was invented to measure changes in oxygen levels to site-specific areas of the human body in order to protect the brain and vital organ areas from complete oxygen deprivation and hypoxia, which is a subnormal concentration of oxygen supplied to the cells and tissues of the body. Yet, in this particular study, this technology is being used to test the abundant cases of *Out of Body Experiences* (O.B.E.'s) that are being reported on a daily basis. In addition to this technological component, the test includes a psychological exercise.⁶ This exercise consists of blatant objects, which are used in order to lure the attention of patient-subjects during their reported *Out of Body Experiences*. In order to carry out this psychological exercise, shelves are installed above the patient's beds, and two pictures (e.g. of an eagle or a ball) are placed on each shelf, one facing upward, and the other downward. The upward-facing image is only visible from above the shelf. If the patient does not report having seen these strategically positioned objects while supposedly having been out of their body, their described experience is thought to be no more than a trick or an illusion of their own mind. Therefore, their supposed *Out of Body Experiences* can be a result of the brain being deprived of oxygen, or

5 *World's Largest Scientific Study on Mind-Brain May Finally Unravel Mystery Of What Happens When We Die.* Nour Foundation

6 HEUSSNER, KI MAE. *Scientists Study Out-of-Body Experiences: 25 Hospitals in the U.K. and U.S. Will Take Part in Study of Near-Death Experiences.*

perhaps they are the result of the brain being in an altered state during R.E.M. sleep, when the brain neuron activity is similar to during waking hours, and the most vivid dreams are often recalled. However, if one of these patients report seeing a more complex image during their O.B.E., then it is possible that their conscious mind did in fact survive while being entirely detached from their physical brain and body.

Those conducting this study are attempting to determine whether some patients have survived clinical death, meaning that their mind consciously continued after their brain was completely depleted of oxygen. This would demonstrate that there is a part of human consciousness that is not intrinsic to the physical brain, and that there is a form of life that extends beyond biological limitations. Nevertheless, I question this study's usefulness. I am not a medical expert, but it is highly evident that the INVOS device is quite helpful in monitoring the oxygen levels to patients' brains, which in some cases could help save their lives. Yet, I strongly disagree with the notion that this device can be used to accurately confirm or disprove that the conscious mind is non-local to the brain. I make this statement firstly based upon the fact that this scientific study is too premature, and none of the research data is conclusive at this time regarding the subject matter of O.B.E.'s. Furthermore, it is difficult to define what physical conditions must transpire in the human body for an *Out of Body Experience* to occur. How can medical science know whether the spirit leaves the body before or after oxygen flow to the brain ceases. Man's knowledge of the metaphysical is limited at best, and cases of *Out of Body Experiences* have been purported by persons who have had normal levels of oxygen to the brain, as well as by individuals who have had depleted levels. In both scenarios, the reports from those having the experiences

often demonstrate what seems to be an excellent memory of what they saw and heard. Yet, their supposedly vivid memories of their *Out of Body Experiences* cannot confirm whether or not their experiences were fabricated, imagined, dreamed, or if they were in fact authentic. There is no modern technology available that would validate, nor discredit, the claims of those who say they have had an *Out of Body Experience*. With all the advanced technology that skeptics in the medical science field believe they have in favor of discrediting N.D.E.'s and O.B.E.'s, it is not enough to discredit the countless cases that are being reported daily. Any conclusions would be highly subjective at best. Because medical science is unable to disprove the idea of human-consciousness after death, the question remains: "Does the conscious mind survive outside of the body?" I can personally attest to the fact that it does, and also that there is a consciousness that is in-fact non-local to the physical brain. I stand firm on the validity of these claims because I have died on several occasions, and in each instance I still maintained complete consciousness while outside of my physical body.

THE DIFFERENCE BETWEEN AN N.D.E. & MY D.O.B.E.

I have termed these accounts as D.O.B.E.'s (*Death Outer Body Encounters*) rather than N.D.E.'s (*Near Death Experiences*.) The reason why I make such a distinction is because during most O.B.E. and N.D.E. cases that I have read, the persons were not clinically dead, and their experiences were akin to the occult practice of astral-projection. However, this was not the case with me. In 1998, the Lord God Jesus removed my higher conscious mind—that being my human spirit and metaphysical soul—from my physical body. *While out of my body*, He led me

on two very distinct tours. The first tour lasted for three hours. It took place within that most dreadful place, which is called the Outer Darkness of Hell. The second tour lasted for forty-five minutes. It took place within the breathtaking and celestial place that Almighty God has prepared, which is called the Third Heaven. The combined time I was out of my body was for three hours and forty-five minutes. After He removed me from my physical body, He let me know that I was literally dead, but then He assured me not to worry about the condition of my physical body, saying, “Your brain, your heart and your blood will be preserved in your physical body.”

“...the body without the spirit is dead...”

– St. James 2:26 KJV

Other people who report having N.D.E.’s/O.B.E.’s state they remember seeing little or nothing during their experience. This was also not the case with me. During each of my D.O.B.E.’s, I have encountered blatant evidence that my physical brain could not have perceived, yet my conscious mind did perceive it, *while out of my body*.

The Apostle Paul wrote:

“But as it is written, Eye hath not seen, nor ear heard, neither have entered into the heart of man, the things which God hath prepared for them that love him.”

– 1 Corinthians 2:9 KJV

I deserve no credit for having these *Death Outer Body Encounters*, for they were of no effort of my own. Rather, they were of Divine order, purposefully willed by the Lord God Jesus.

CHAPTER ONE

WHILE OUT OF MY BODY

By Divine design, the Lord God Jesus had it prearranged that I would experience D.O.B.E.'s⁷ on three different occasions (in 1980, 1988 and 1992) prior to the primary one I discuss in this book, which happened in 1998. However, before I begin elaborating on my 1998 D.O.B.E., I will briefly discuss the three prior times this preternatural phenomena occurred in my life, with a particular emphasis on my 1992 encounter.

MY OUT OF BODY ENCOUNTERS

My first D.O.B.E. occurred in September of 1980. This was the first time I experienced the separation of my conscious mind from my physical brain and body. At that time, I slid into a pit that was located inside of Hades (Hell). My second D.O.B.E. occurred on October 11, 1988. It was on that occasion that I stood seven to twelve feet before the very Throne of Almighty God! Nothing could compare with the experience of standing before Him. Though, as it would relate to the process of my human spirit detaching from my physical body, my most memorable D.O.B.E. took place on December 12, 1992. Although the revelation that

⁷ D.O.B.E. is a term I created that abbreviates—Death Outer Body Encounter. Please see the introduction of this book for a more detailed explanation.

ensued was shocking, the encounter itself was memorable. I will never be able to forget it! In fact, I recall the precise time that I departed from my body on that day. It was at 5:30 P.M. It was through this firsthand encounter that I experienced, in greatest detail, the process that takes place when a person dies. There is much more to the human being than the studies of science and physics are able to observe. We are, first and foremost, spiritual beings who inhabit and function through physical bodies. However, at the moment of our death, our spirit and soul literally divorce our physical bodies, and we finally can know the precise nature of our true selves. Such was the case with me during my third D.O.B.E.

On the afternoon of December 12, 1992, I was in my home, in Detroit, Michigan. I would like to state that I had not been praying, nor was I meditating, on the day this D.O.B.E. took place. There was no way I could have known that I was about to have a *Death Outer Body Encounter* with the Lord God Jesus Himself! I remember that day as vividly as I remember anything else that is important in my life now. All that day, I had been experiencing a great deal of fatigue. In fact, just before this encounter happened, I had been lying on the living room couch. Then, because I was so tired, I decided to get up and go to my upstairs bedroom to take a nap. I had gotten comfortable upon my bed, lying in supine position (upon my back), when a sudden and strange adrenaline rush came over me. Perhaps I can best describe this curious sensation as an overwhelming gut-feeling of uneasiness, which told me that something was just not right. With futile effort, I tried to ignore my unsettling intuition, as I began to toss and turn in bed. Nevertheless, I was unable to shake the uneasy feeling no matter what I did. All my efforts to unwind and get comfortable enough to go to sleep were to no avail.

Therefore, I decided that I would give up on taking a nap and that I would get up out of bed. It was when I started to do so that the most horrific thing happened to me! As I attempted to sit up in my bed, I was suddenly overcome by a surge of energy that was very much like a gravitational pull. Instead of my body sitting up, it was my human spirit and soul that were raised up, partially out of my body. The detachment started from my head, and continued down to my knees. As this was happening, I literally saw and felt my human spirit and soul detaching from my physical body!

SPIRITUAL SENSES

Simultaneously as this was happening to me, I discovered a new heightened sense of hearing. However, being that I was almost entirely detached from my physical body, the audible sensation I experienced was not heard with my physical ears. The difference was highly evident. It was unlike anything I had ever experienced in my entire earthly existence—that is to say while I was in my body. With my new intensified sense of spiritual hearing, just the least noise was enough to startle me! Immediately, my attention was drawn to the sound my human spirit and soul made as they were detaching from my physical body. The sound was very similar to the static electricity that one hears sometimes after removing their clothes from the dryer, only it was much more intense. I must say that this highly analogous sound continued for awhile.

My heightened sense of hearing was accompanied by an equally enhanced sense of sight! While being half detached from my physical body, I experienced astounding peripheral vision. Through it, I was able to see the majority of my body, as it lay there, motionless in bed. As I looked at my body, I recognized it. Yet, it appeared different than I

remembered it looking. I determined that this was because I was looking at it from the outside for the very first time. Most people probably think they know what their physical bodies look like. However, we have no idea what our bodies really look like until we have the opportunity to view them from the outside. It is only when we step outside of our bodies that we get a full glimpse of our physical makeup, and are able to see ourselves as we really are. Then, no longer relying on my enhanced peripheral vision, I looked directly down toward my lifeless body, which was still laying there, peacefully in bed. First, I glanced down at my legs, and then I quickly shifted my focus to my upper torso. From my knees upward, I could literally see that my spirit-form was still half-detached from my body. Nevertheless, from my knees down, things appeared normal. There, my spirit-form seemed to still be attached to my physical-body. I was utterly shocked upon seeing my current state! I also was frightened by my new advanced sense of sight that I was experiencing for the very first time. Initially, I had no explanation for it. Then it occurred to me that I was no longer seeing through my limited physical eyes. I was now seeing through the eyes of my human spirit, which enabled me to observe my complete surroundings in panoramic view, seeing all around me and in every direction. Without so much as a turn of my head, I could see behind me, upwards, downwards, and all around my room! Simple words cannot begin to illustrate how remarkable, yet frightening, it was for me to see the world around me in such a way for the very first time. It took me some time to adjust because I was quite use to the limitations of my physical eyes.

Immediately, I began examining my spiritual arms and hands. In doing so, I discovered that my spirit-form was comparable in appearance to my physical body,

although there were some differences. For example, unlike my physical body, my spirit-form did not have internal organs, arteries, veins, bones, muscle definition, or neurological functioning. Neither did my spirit-form have any scars, body hair or other imperfections. In comparison to my physical body, my spirit-form was flawless in its appearance! My spiritual body was a cloudy white color. It also appeared transparent, and it felt weightless. Yet it was solid to the touch. I was no longer alive in the biological sense of the term, and yet I was still very much alive in a way unknown to common earthly human understanding! I now consisted entirely of an unknown spiritual substance that I could not identify. I am convinced that whatever this substance was, any understanding of it was beyond the obtainable knowledge of the scientific realm. In all my time living on Earth, I had never seen anything that you could possibly compare to it. I said to myself, in thought, “I must be dead!” Though I was no longer in my physical body and I was disconnected from my physical brain, I was still very much alive and conscious.

SUPERNATURAL INTELLECT

Now operating exclusively in my spirit-mind, I discovered something that was even more amazing to me than my newly heightened senses! Reasoning with my spirit-mind was clearly less complicated to carry out than it was with my physical brain. I will explain what I mean by this. You see, the very moment I would pose any question in thought, I would instantly know the answer to it! To think with the spirit-mind is quite unlike operating in the logic of the physical brain, which is often sluggish in response to questions, reasoning and memory. With my spirit-mind I no longer needed to inquire about physical things, nor did I try to figure them out. They all seemed

to be such easy tasks to investigate. This encounter taught me that the new mind I was operating in was celestial in nature, and my specific location helped me to come to this deduction. You see, although I was now operating in the mind of my spiritual form, I was still on Earth, in a physical environment. Being a completely spiritual being in a physical world caused me to feel completely out of place in my own home. It felt like I was a college graduate who was being forced to go back to Kindergarten and sit in class. The natural things of the physical world appeared just that elementary to my highly superior spiritual mind. However, during this strange encounter, I still maintained my prior consciousness, self-identity and personality. My thoughts were like the thoughts that I was accustomed to thinking. The only difference was that my mental processing and reasoning capabilities exceeded those of my physical brain. Additionally, *while out of my body*, I vividly recall that on the occasions when I spoke out loud, my voice sounded like it always had while I was in my body. This was without my physical vocal cords. Being that my thoughts, appearance and voice were still my own, I felt very much like I was the same person I had always been, and indeed I was, only now I was me in an incredibly superior form that had been hidden away inside my body all my life. It felt like I was finally free.

After this encounter, I knew that Almighty God has preordained the separation of every person's spirit and mind from their physical body and brain at the very moment of their death. In my opinion, Christian authors who write about having a *Death Outer Body Encounter* would seem more credible if they made a great deal of reference to their conscious mind surviving outside of their physical body. Any *Out of Body Experience* that an individual claims to have had should teach them that each of us has a superior

While Out of My Body

conscious-mind that is in fact non-local to the brain.

In 1998, I experienced an even greater encounter with death than the one I had in 1992. This greater encounter taught me even more about how the spirit-mind functions while separated from the physical body and brain. It is primarily this greater encounter, which I convey inside this book.

